



الجمعية العربية لدراسة أمراض السكر والتمثيل الغذائي

**Arabic Association for the Study of  
Diabetes and Metabolism (AASD)**

Member of

**International Diabetes Federation (IDF)**

25<sup>th</sup> March 2021

**Cairo Sheraton Hotel**

**13<sup>th</sup> Fasting and Diabetes Conference**

Guest of Honor  
**Prof Jamal Belkhadir**  
(Morocco)  
IDF MENA Chairman

Guest of Honor  
**Mohamad Sandid**  
(Lebanon)  
IDF MENA Chairman Elect

AASD and Conference President  
**Prof Inass Shaltout**

AASD Vice-President  
**Prof Amr Abdel Wahab**

AASD General Secretary  
**Prof. Abdel Khalik Hamed**

AASD Treasurer  
**Dr Sayed Gad**

**09:00- 09:30 Registration**

**09:30 – 10:10**

**Session (1)  
Fasting in Special Circumstances**

**Chairpersons: alphabetical**

Prof. Amin Roshdy      Prof. Hesham Magd Eldin

Prof. Mazen Attia      Prof. Nihal Hamdy

Speakers:

<b>Prof. Eman El Sherif</b> Type 1 diabetes passing into adulthood...fasting challenge	12 Minutes
<b>Prof. Heba Sedrak</b> Christian fasting and diabetes	12 Minutes
Discussion	10 Minutes

**10:10- 10:30 Opening Ceremony**

- **Prof Jamal Belkhadir (Morocco)** 5 Minutes  
IDF MENA Chairman
- **Mohamad El Sandid (Lebanon)** 5 Minutes  
IDF MENA Chairman Elect
- **Prof Inass Shaltout** 2 Minutes  
AASD and conference president
- **Prof.Amr Abdel Wahab** 2 Minutes  
AASD and conference vice president
- **Prof. Abdel Khalik Hamed** 2 Minutes  
AASD and conference general secretary

**10:35 – 11:50**

**Session (2)**  
**The Challenges of Fasting Ramadan**

**Chairpersons: alphabetical**

Prof. Amr Abdel Wahab      Prof. Atef ELBahry  
Prof. Hazem Ashmawy      Prof. Farid Fawzy      Prof Mohamed Sandid

Speakers:

<b>Prof. Inass Shaltout</b> Diabetes and Ramadan A Certain Challenge?	12 Minutes
<b>Prof. Abdel Khalik Hamed</b> Fasting Ramadan and GIT, liver disease, and the diabetic hepatic	12 Minutes
<b>Prof. Amira Ahmed</b> Physiopathological aspect of Ramadan and DM	12 Minutes
<b>Prof. Rasha Sobh</b> Clinical tips on managing glucose control during fasting Ramadan	12 Minutes
Discussion	15 Minutes

**11:50 – 12:10      Coffee Break**

**12:15 – 13:30**

**Session (3)**  
**Ramadan Fasting in Different Risk Groups**

**Chairpersons: alphabetical**

Prof. Amr Abdel Wahab      Prof. Atef ELBahry      Prof. Inass Shaltout  
Prof. Mohamed Nasrallah      Prof Mohamed Sandid      Prof. Noha Osman

Speakers:

<b>Prof. Mohamed Hassanein</b> The new IDF-DAR Guidelines; what's new	12 Minutes
<b>Prof. Atef Elbahry</b> Ramadan fasting and Cardiovascular risk	12 Minutes
<b>Prof. Mohamed Nasrallah/ Prof Noha Adel</b> Fasting Ramadan in patients with CKD	12 Minutes
<b>Prof. Shereen Abdelghaffar</b> Safety & Metabolic Consequences of Ramadan Fasting in Egyptian Children & Adolescents with type 1 Diabetes	12 Minutes
Discussion	15 Minutes

**13:35 – 14:30**

**Session (4)  
Antidiabetic Medications in Ramadan I**

**Chairpersons: alphabetical**

Prof. Farid Fawzy      Prof. Hazem Ashmawy  
Prof. Hussein El Fishawy      Prof Mohamed Naguib      Prof. Omar El Saadany

Speakers:

<b>Prof. Hesham Magd Eldin</b> Sulfonylurea safety during Ramadan	12 Minutes
<b>Prof. Amr Elmeligy</b> Managing patients with diabetes on injectable therapy in Ramadan	12 Minutes
<b>Prof. Hussein El Fishawy</b> Use of Dpp4 I in Ramadan	12 Minutes
Discussion	10 Minutes

**14:35 – 15:05**

**Session (5)  
Novartis Symposium**

**Chairpersons: alphabetical**

Prof. Ayman Elmenofy      Prof Hany Hamad

Speakers:

<b>Prof Yaser Abdelhamid</b>	12 Minutes
<b>Prof Amr Elmeligy</b>	12 Minutes
Discussion	5 Minutes

**15:05 – 15:25      Coffee Break**

**15:30 – 16:00**

**Session (6)  
Sanofi Symposium**

**Chairpersons: alphabetical**

Prof. Omr El Saadany      Prof. Hala Kahla      Prof Hany Hamad

Speakers:

<b>Prof. Inass Shaltout</b> Soliqua, Intensification through Simplification	12 Minutes
<b>Prof. Assem Seif</b> B-Right from the Start	12 Minutes
Discussion	5 Minutes

**16:05 – 17:15**

**Session (7)**

**Chairpersons: alphabetical**

Prof. Ayman El Menofy    Prof. Hala Kahla

Prof. Sherif Hafiz

Speakers:

<b>16:05 – 16:25</b>	<b>MSD Symposium</b>	
<b>Moderator: Prof Sherif Hafiz</b>		
<b>Dr. Nader Wadie</b>	Diabetes & Ramadan; Role of Sitagliptin in Ramadan	17 Minutes
<b>16:25 – 16:45</b>	<b>Servier Symposium</b>	
<b>Prof. Inass shaltout</b>	Dia Ramadan Study	17 Minutes
<b>16:45 – 17:15</b>	<b>Novo Symposium</b>	
<b>Prof. Assem Seif</b>	Liraglutide 3.0 mg: filling the gap in obesity management	30 Minutes

**17:20 – 18:05**

**Session (8)**

**Chairpersons: alphabetical**

Prof. Eman El Sherif    Prof. Hesham Habib

Prof. Sayed Gad    Prof. Sahar El Hieny

Speakers:

<b>Liptis Symposium</b>	<b>17:20-17:45</b>	20 Minutes
<b>Prof.</b> XXXXXX		
<b>Al Esraa Lecture</b>	<b>17:45-17:55</b>	10 Minutes
<b>Prof.</b> XXXXXX		
<b>Ascencia Lecture</b>	<b>17:55-18:05</b>	10 Minutes
<b>Dr. Mohamed Abo Khashab</b> XXXXXX		

**18:10 – 18:40**

**Session (9)**  
**Abbott Symposium**

**Chairpersons: alphabetical**

Prof. Amira Ahmed    Prof. Hesham Habib

Prof. Sayed Gad

Speaker:

<b>Prof. Inass Shaltout</b> Management of Hyperlipidemia in Diabetic Patients: Challenges and Opportunities	
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**18:40    Lunch**

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